

# 3<sup>rd</sup> LONDON MASTERCLASS: CONTEMPORARY MANAGEMENT OF CONSTIPATION

## Date and time

October 17<sup>th</sup> & 18<sup>th</sup>, 2018

## Location

Queen Mary University of London, Whitechapel Campus, London, UK

## Goal

Chronic constipation remains an enormous clinical and scientific challenge. It is 9 years since we hosted the last major meeting devoted to this subject, and hence, by way of update, we have again assembled an International Faculty of recognised experts, each of whom command a body of work in this field, and who continue to publish contemporary studies. The goal of this meeting will be to disseminate and to critically appraise both a contemporary understanding of current best clinical practice, but also to highlight those evolving concepts relevant to this condition that hopefully will lead to improved management in the future.

## Target audience

Gastroenterologists, pelvic floor surgeons, urogynaecologists and paediatricians at Consultant and trainee level, clinical physiologists, clinical research fellows, specialist nurses, dieticians and nutritionists.

## Course highlights:

- Sessions on:
  - Clinical burden and aetiology
  - Key clinical associations
  - Pathophysiological mechanisms
  - Diagnostic testing
  - Therapeutic options (behavioural, medical and surgical)
- Keynote lectures on: colonic motor dysfunction; whether chronic constipation and IBS-C truly represent separate entities; gut microbiota and probiotics; the future of medical therapies
- Panel discussion: when to test, which test, and what does it mean?
- Panel discussion: bringing it all together. The management algorithm.

## Cost Masterclass: October 17<sup>th</sup> & 18<sup>th</sup>

£ 200.00 for Consultants

£ 50.00 for Trainees, nurses, clinical physiologists, dieticians and nutritionists.

## Registration

Please telephone **Rachel Broome** on **+44 (0) 1494 721820**

or e-mail [rachel@ardmorehealthcare.com](mailto:rachel@ardmorehealthcare.com)

## Course Organizers



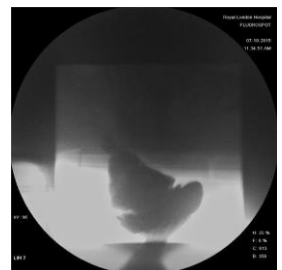
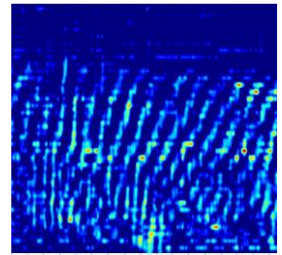
Dr Mark Scott  
Senior Clinical Scientist



Prof Charles Knowles  
Clinical Professor



Miss Emma Carrington  
Lecturer in Colorectal Surgery



# REGISTRATION FORM

## 3<sup>rd</sup> LONDON MASTERCLASS: CONTEMPORARY MANAGEMENT OF CONSTIPATION

Name: .....Title: .....

Gender:  Female  Male

Institution: .....

Address: .....

Postal code: ..... City:.....

Country: .....

Current position:.....

E-mail: .....

Telephone: .....

Special dietary requirements: .....  
(if applicable)

Subscribe for 3<sup>rd</sup> LONDON MASTERCLASS:  
CONTEMPORARY MANAGEMENT OF CONSTIPATION, October 17<sup>th</sup> and 18<sup>th</sup>, 2018

Please return the completed registration form to Rachel Broome by fax to +44(0)1494 400330  
or as a PDF file by e-mail: [rachel@ardmorehealthcare.com](mailto:rachel@ardmorehealthcare.com).

### Payment

The registration fee for the Masterclass is £ 200.00 for Consultants, and £ 50.00 for Trainees, nurses, clinical physiologists, dieticians and nutritionists, and includes course materials and lunches / coffee breaks.

Cheques to be made payable to Ardmore Healthcare Ltd. Please post to:  
Rachel Broome, Ardmore Healthcare, 7 The I.O. Centre, Jugglers Close, Banbury, Oxon, OX16 3TA

For Bank Transfers, bank details will be sent once the registration form has been received.

### Important information

- You will receive a confirmation of participation including travel information 4 weeks prior to the course.
- Ardmore Healthcare can suggest appropriate hotels.
- The Masterclass will start on Wednesday 17<sup>th</sup> October at 08.15 am and end on Thursday 18<sup>th</sup> October at 16.00 pm.

Signature: ..... Date: .....

