



# Colonic transit study

Information for patients



## What is a colonic transit study?

**Your doctor has arranged for you to have a colonic transit study. You will have been sent for this test as you have been experiencing troublesome bowel problems such as constipation.**

This study is a non-invasive test which evaluates how long it takes for faeces to pass through your bowel. Five small capsules containing plastic markers are ingested. These markers will pass through your bowel and show up on an abdominal X-ray.





## Are there any risks associated with your test?

There are no serious frequently occurring risks associated with your test.

## What preparation is required for your test?


We will send you five small capsules which need to be taken approximately four days (100 hours) prior to your appointment.


### After ingesting the capsules:

-  **Do not take any laxatives**  
Fybogel, Lactulose, Movicol, Senna, Ex-Lax, Laxido etc.
-  **Do not take any motility agents**  
Prucalopride, linaclotide, lubiprostone etc.
-  Please do not use any suppositories or enemas such as glycerine.
-  You may continue to take all other essential medication

## What happens during my test?

An X-ray of your abdomen will be taken which will show up any markers left in your bowel.

 **Your test will take about 10 minutes.**

 You will be free to leave straight away after your tests and resume any of your normal daily activities.

## How will I get my results?

Your results will be sent by secure email to both you and your referring consultant/doctor. We aim to send out all patient results within five working days of completion of your test.

Key  Do  Do not  Additional info



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